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CHILD & ADOLESCENT MENTAL HEALTH SERVICE (CAMHS) –  
BRIEFING REPORT

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**Purpose of the Report**

1. As part of the Children & Young People Scrutiny Committee 2016-17 Work Programme, agreed at Committee in September 2016, the Committee requested a briefing on the Mental Health Services provided for Children and Young People. This report provides the Committee, with a briefing on CAMHS as provided to the Cardiff and Vale University Health Board, copy attached at **Appendix A**, for Members consideration and comment.

**Background**

2. The Committee agreed to include this item in its work programme, as the Committee was aware that there was a Child and Adolescent Mental Health Improvement Programme, which was seeking to implement a multi-agency service specification to support Part 1 of the Mental Health Measure, together with a service specification for secondary specialist CAHMS services, supported by robust financial and performance management.

**Issues**

3. The Improvement Programme included the development of a multi agency model to support young people who exhibit risky behaviour based on a risk assessment and management plan expressed as a service specification supported by the development of appropriate crisis support services.

4. Currently the Cardiff & Vale UHB commissions secondary CAMHS from Cwm Taf UHB for the residents of Cardiff and the Vale. This services links with primary care, community child health, and a range of non-NHS partner services.
5. The briefing paper, copy attached at **Appendix A**, sets out the following elements of the service:
  - Emotional Wellbeing Service;
  - Primary Mental Health Services (incorporating Mental Health Measure – Part 1);
  - Neurodevelopmental Service;
  - Secondary CAMHS (Cwm Taf provider).

### **Scope of the Scrutiny**

6. This report enables the Committee to review, assess and comment of the improvements to the CAMHS, copy attached at **Appendix A**. In particular Members may wish to consider whether the Improvement Plan provides support for vulnerable children and young people including:
  - Looked After Children
  - Children in the Youth Justice system
  - Refugee Children.

### **Way Forward**

7. Rose Whittle, Head of Operations and Delivery Community Child Health Directorate and Dr Tracey Gardiner, Clinical Director CAMHS Network will present the briefing, and will be available to answer any questions Members may have.

### **Legal Implications**

8. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this

report are to consider and review matters there are no direct legal implications. However, legal implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet will set out any legal implications arising from those recommendations. All decisions taken by or on behalf of the Council must (a) be within the legal powers of the Council; (b) comply with any procedural requirement imposed by law; (c) be within the powers of the body or person exercising powers on behalf of the Council; (d) be undertaken in accordance with the procedural requirements imposed by the Council e.g. Scrutiny Procedure Rules; (e) be fully and properly informed; (f) be properly motivated; (g) be taken having regard to the Council's fiduciary duty to its taxpayers; and (h) be reasonable and proper in all the circumstances.

### **Financial Implications**

9. The Scrutiny Committee is empowered to enquire, consider, review and recommend but not to make policy decisions. As the recommendations in this report are to consider and review matters there are no direct financial implications at this stage in relation to any of the work programme. However, financial implications may arise if and when the matters under review are implemented with or without any modifications. Any report with recommendations for decision that goes to Cabinet will set out any financial implications arising from those recommendations.

### **RECOMMENDATION**

That Committee reviews the information presented at the meeting, and provides any recommendations, comments or advice to the Head of Operations and Delivery Community Child Health Directorate.

### **DAVINA FIORE**

Director of Governance and Legal Services

2 November 2016